



NEWS FROM THERAPEUTIC RIDING OF TEXAS (TROT)

Contact

Sheila Skelton
(214) 773-8214, trotoffice@yahoo.com
www.trottx.org

FOR IMMEDIATE RELEASE

Therapeutic Riding of Texas (TROT) Receives Donation from CVS Pharmacy Due to Lt. Carlton Marshall's Family being Selected for an Extreme Home Makeover

TROT provides recreational horsemanship with therapeutic benefits to children and adults.

CEDAR HILL, Texas – Oct. 13, 2009 – TROT, a non-profit organization dedicated to serving Dallas-Fort Worth area special-needs riders, received a \$35,000 donation from CVS Pharmacy through Lt. Carlton Marshall's family being selected for an Extreme Home Makeover of their Lancaster home. Carlton and his wife Susan were volunteers for TROT. TROT volunteers and riders will join the "the Marshalls and Cheldan Homes at the Westin Galleria Dallas to watch the episode in which the Marshall's receive their new home and a TROT class is featured on Sunday, October 18 at 7pm.

"This donation will go a long way in shoring up our operating costs, updating equipment, the potential purchase of an additional horse, funding a limited number of scholarships and routine maintenance and equipment needs. We operate on a budget that is entirely funded by donations and fund-raisers, there are A great many places for this money to be used. As a board we will ensure that it is used strategically and responsibly and in a way that is most beneficial to the program. This just means we will be able to help more riders and their families." Explains TROT president, Bruce Weatherford.

TROT classes meet Mondays, Wednesdays and Thursdays from 6:15 p.m. -7:30 p.m. each week through November 19th at Gemini Farms located at 1701 South Duncanville Road in Cedar Hill. Volunteers from all walks of life from Dallas, Ellis and Tarrant Counties participate in the program. Additionally, due to adding a Wednesday evening class, many volunteer opportunities still exist.

-MORE-



For more than 20 years, TROT has provided recreational riding with therapeutic benefits to more than 50 riders of all ages and capabilities. This type of program has proven effective in improving muscle tone and strength, balance, posture, coordination, endurance, motor development, range of motion, and emotional well being. In addition, the unique relationship formed with a horse often leads to more confidence, patience and self-esteem in riders with emotional or mental disabilities. Students benefit on a myriad of levels as a favored quote of TROT's late head instructor, Christine Radosta, indicates, "When you put kids & horses together miracles happen."

TROT is a NARHA (The North American Riding for the Handicapped Association) Premier accredited therapeutic riding center. TROT's nationally-recognized horsemanship curriculum includes safety, grooming, saddling, ground handling as well as riding.

TROT is a non-profit organization with a 501c-3 status. Current funding comes from personal contributions and fund-raising activities. All donations are tax deductible.

For more information on TROT, to volunteer or know of someone who would benefit from the TROT program you are encouraged to call the TROT office at call 972.293.3388, visit our Web site at www.TROTTX.org or e-mail us at trotoffice@yahoo.com or info@trottx.org.

###